



# Iowa Department of Human Services

Terry E. Branstad  
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Director

## INFORMATIONAL LETTER NO.1531

**DATE:** July 31, 2015

**TO:** Iowa Medicaid Hospitals, Physicians, Advanced Registered Nurse Practitioners, Clinics, Federally Qualified Health Centers (FQHCs) and Rural Health Clinics Participating as Patient Managers in the Iowa Wellness Plan

**FROM:** Iowa Department of Human Services (DHS), Iowa Medicaid Enterprise (IME)

**RE:** AssessMyHealth Health Risk Assessment Tool Updates

**EFFECTIVE:** Upon Receipt

Iowa Medicaid introduced a Health Risk Assessment (HRA) tool for members to use to complete the Healthy Behaviors Program. The tool, AssessMyHealth, was made available to all Iowa Wellness Plan Patient Managers and Iowa Wellness Plan Accountable Care Organizations (ACOs) in April 2014. The AssessMyHealth HRA is free to providers serving Iowa Wellness Plan members. Providers can earn a \$25 incentive payment for each AssessMyHealth HRA they help Iowa Wellness Plan members complete.

After reviewing valuable feedback from providers, Iowa Medicaid will launch version 2.0 of AssessMyHealth on Saturday August 1, 2015. The new version has a condensed set of questions (33 instead of up to 108) and focuses on measuring the member's level of health confidence. Updates have also been made to the AssessMyHealth Action Plan report to better serve providers and help to engage members.

To learn more, providers may access a full list of version [2.0 release notes](#)<sup>1</sup> found on the [DHS webpage](#)<sup>2</sup>. A provider user guide for AssessMyHealth will be posted on the [DHS webpage](#) soon.

If you are interested in deploying the AssessMyHealth tool in your office, please refer to [Informational Letter 1388](#)<sup>3</sup> to gain access.

If you have any questions, please contact the IME Provider Services Unit at 1-800-338-7909 or by email at: [imeproviderservices@dhs.state.ia.us](mailto:imeproviderservices@dhs.state.ia.us).

<sup>1</sup> [https://dhs.iowa.gov/sites/default/files/AMH\\_ShortVersionReleaseNotesJuly%202015.pdf](https://dhs.iowa.gov/sites/default/files/AMH_ShortVersionReleaseNotesJuly%202015.pdf)

<sup>2</sup> <http://dhs.iowa.gov/ime/about/iowa-health-and-wellness-plan/provider-info>

<sup>3</sup> <http://dhs.iowa.gov/sites/default/files/1388%20Provider%20Access%20to%20AssessMyHealth%20HRA%20and%20VIS%20Online%20Dashboard.pdf>